# Combined N-terminal androgen receptor and autophagy inhibition increases the antitumor effect in enzalutamide-sensitive and enzalutamide-resistant LNCaP cells

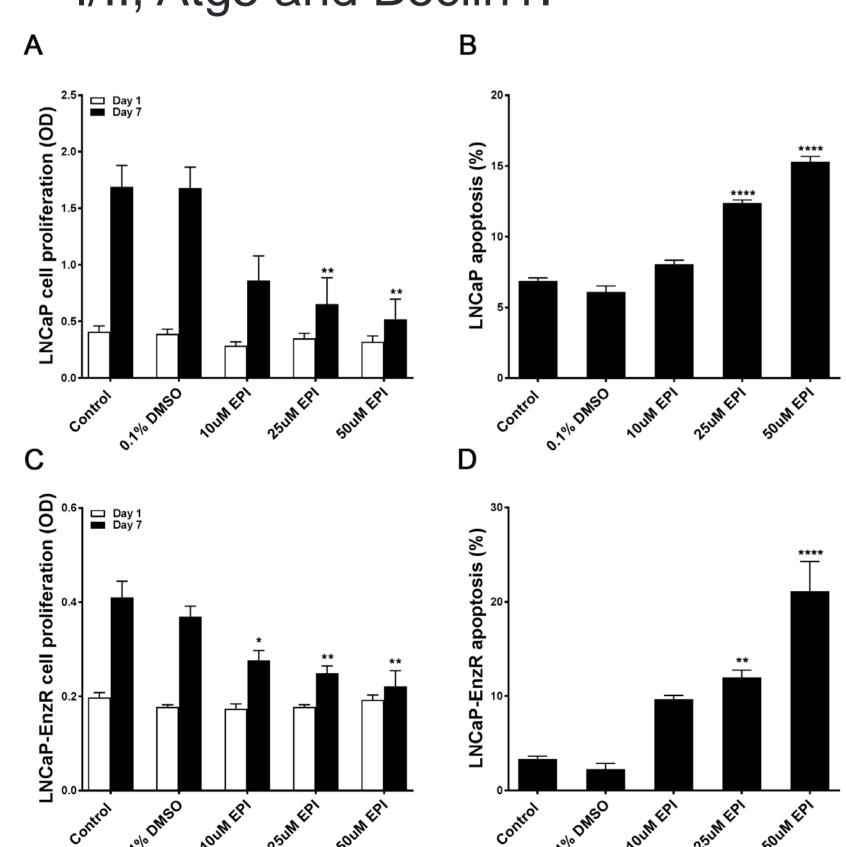
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# BACKGROUND

- Multiple androgen receptor (AR) dependent and independent resistance mechanisms limit the efficacy of castration resistant prostate cancer (CRPC) treatment.
- Novel N-terminal domain (NTD) binding AR targeting components including EPI-001 have the promising ability to block constitutively active splice variants; a major resistance mechanism in CRPC.
- cancer treatment.
- We hypothesized that also a promising NTD-AR treatment may lead to up-regulation of autophagy, which can be targeted by a combination therapy with autophagy inhibitors.

### MATERIALS AND METHODS

- LNCaP and LNCaP-EnzR were cultured in steroid-free medium and treated with different concentrations of EPI-001 (EPI: 10, 25, 50uM) and in combination with autophagy inhibitors chloroquine (CHQ, 20uM) or 3-methyladenine (3MA, 5mM).
- Cell proliferation was assessed by WST-1-assays after 1 and 7 days. Etidium bromide and AnnexinV were used to measure viability and apoptosis on day 7 after treatment.
- Autophagosome increase was detected by Autodot staining. In addition, autophagic activity was monitored by western blot (WB) and immunocytochemistry for the expression of LC3-I/II, Atg5 and Beclin1.



1: Cell proliferation was by WST-1 assay and apoptosis measured by flow cytometry using Annexin V staining. LNCaP (A, B) and LNCaP-EnzR (C, D) cells treated for up to 7 days with different concentrations of EPI. Data is shown as mean with standard error of the mean (± SEM) of three to six independent experiments. All the treatments groups were compared to untreated control at day 7. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.

#### RESULTS

- Treatment with EPI resulted in a dose dependent reduction of cell proliferation and increase of apoptosis on day 7 in both cell lines (Fig. 1).
- Combination of 25uM EPI with autophagy inhibitors led to a further reduction of cell viability up to 17% for CHQ, 15% for 3MA in LNCaP and up to 24% for CHQ, 36% for 3MA in LNCaP-EnzR (Fig. 2 A-D).
- Autophagy is a survival mechanism in cells exposed to anti
  Assessment of autophagy levels in EPI treated cells by WB showed an increase of Atg5 and LC3-II and no change in Beclin1 expression in both cell lines (Fig. 2 E).
  - Immunocytochemistry detected a significant increase of Atg5 and pronounced LC3-II punctuation in EPI treated LNCaP and LNCaP-EnzR (Fig. 3).
  - This was supported by an increase in autophagosome punctuation observed by Autodot staining (Fig 4).

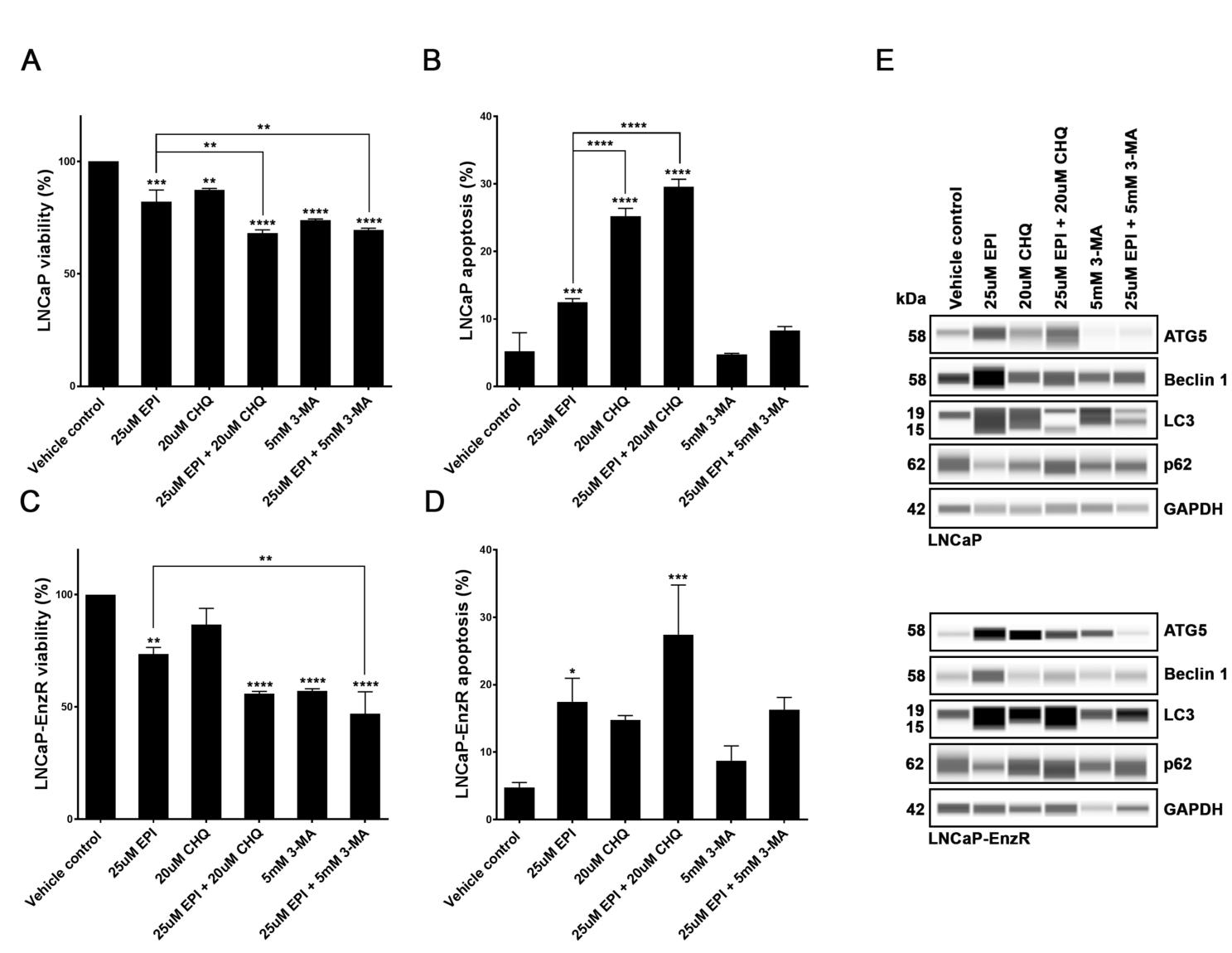


Figure 2: Viability, apoptosis and total protein expression in response to combined EPI and autophagy inhibition. Cell viability was assessed using ethidium bromide and measured by FACS (A, C). Apoptosis was measured by flow cytometry using Annexin V staining (B, D). Cells were treated with the above indicated compounds and combinations. Data is shown as mean with standard error of the mean (± SEM) of three to six independent experiments. All the treatments groups were compared to vehicle control (0.1% DMSO) at day 7. \*p<0.05, \*\*p<0.01, \*\*\*p<0.001, \*\*\*\*p<0.0001.

Effects of 25µM EPI, 20µM CHQ, 5mM 3-MA and their combinations on ATG5, Beclin1, LC3 and p62 protein levels in both cell lines analyzed by immunoblotting (E).

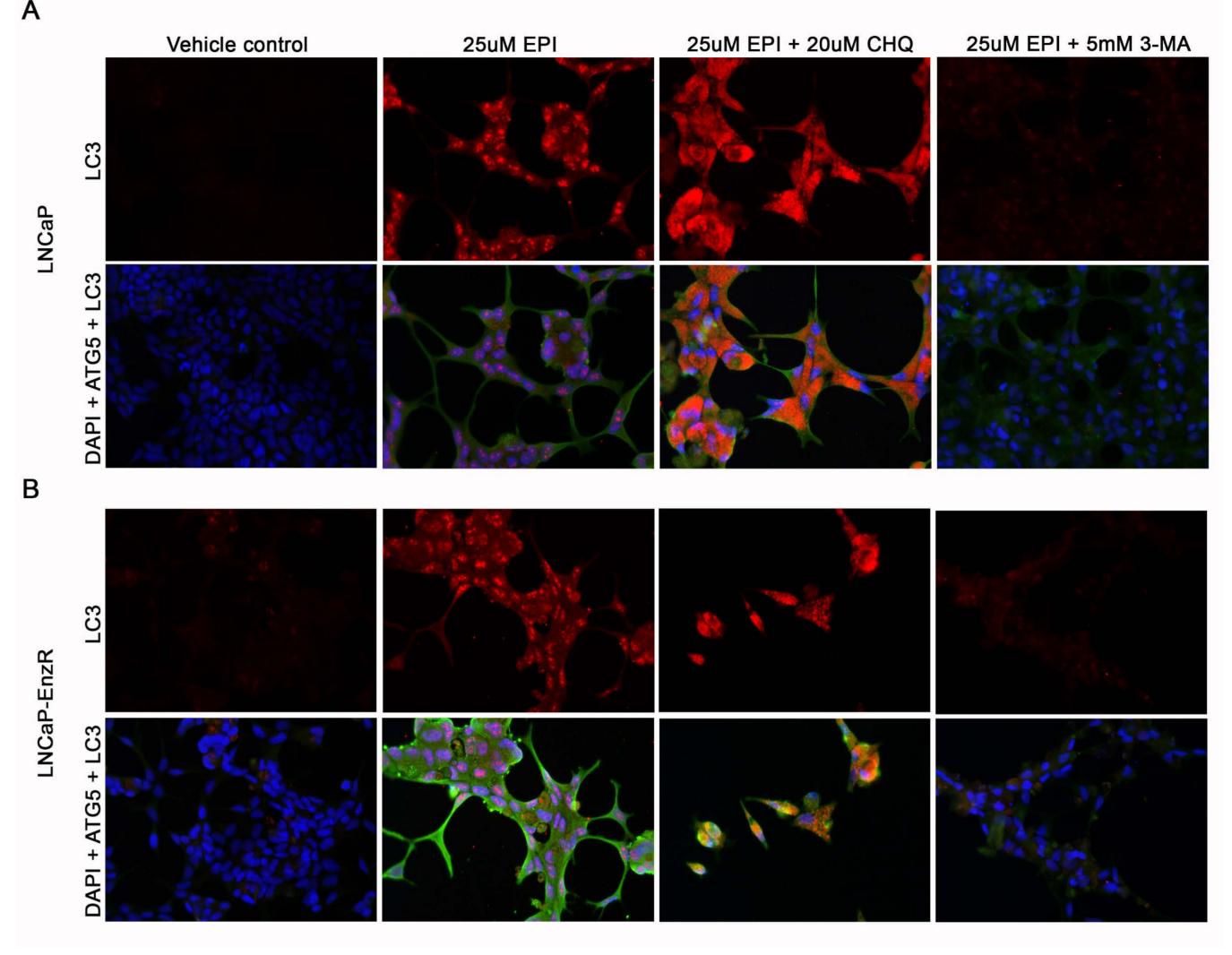
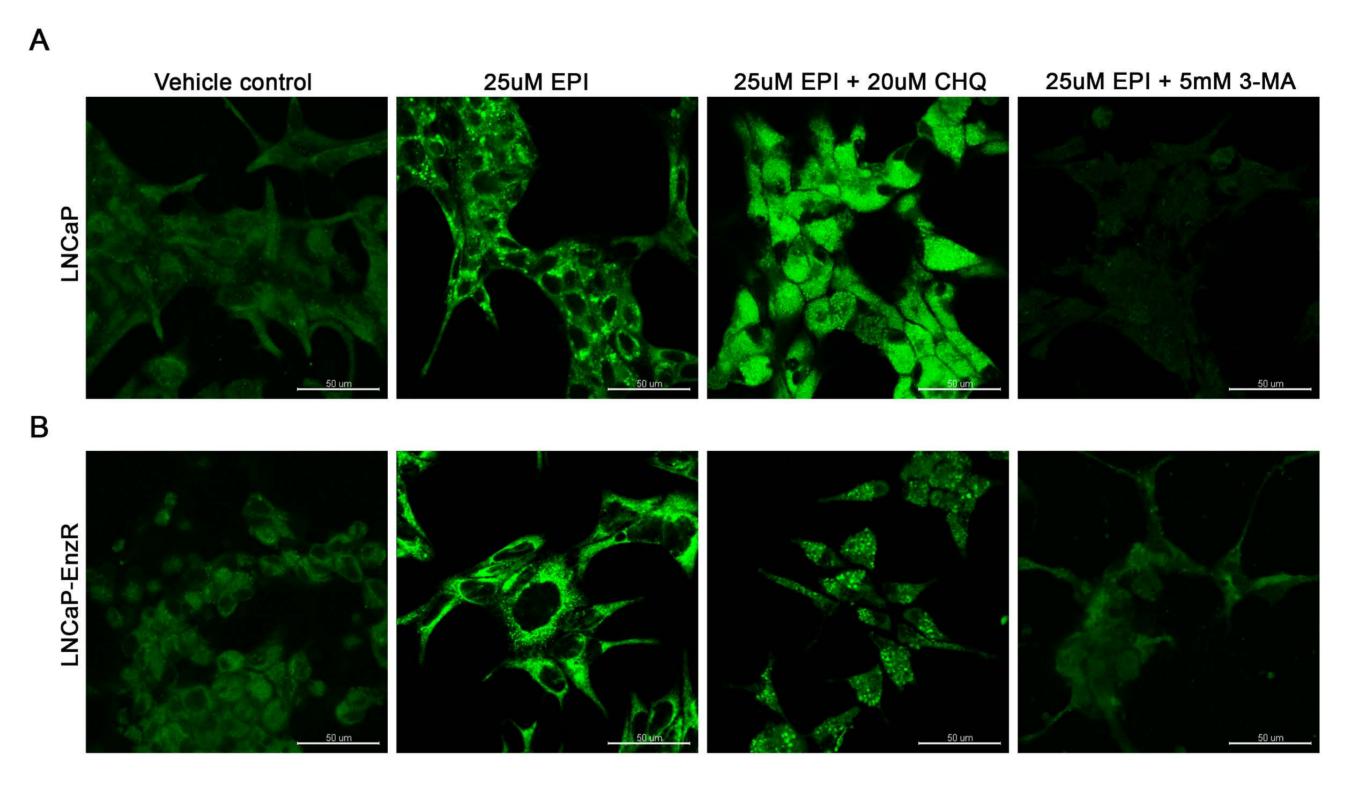


Figure 3: Visualization of LC3 and expression immunocytochemistry. LNCaP (A) and LNCaP-EnzR (B) cells were cultured on chamber slides and incubated for 7 days with vehicle control (0.1% DMSO), 25µM EPI, 25µM EPI + 20µM CHQ, 25µM EPI + 5mM 3-MA. Samples were stained with primary anti-ATG5 and anti-LC3B antibodies. Secondary antibodies were FITC (green) or Cy3 (red). All slides were counterstained with DAPI (4',6-diamidino-2-phenylindole, blue).



autophagosome stained with (monodansylpentane) Confocal images of LNCaP (A) and LNCaP-EnzR (B) cells cultured on chamber slides and incubated for 7 days with vehicle control (0.1% DMSO), 25µM EPI,  $25\mu$ M EPI +  $20\mu$ M CHQ,  $25\mu$ M EPI + 5mM 3-MA. Samples were exposed to AUTOdot staining for 15 min to visualize the formation of autophagosomes punctuation). Scale bars: 50 μM.

# CONCLUSION

- Our data demonstrate that the treatment with EPI-001 leads to increased autophagic activity in LNCaP and LNCaP-EnzR prostate cancer cells.
- Combination of N-terminal androgen receptor blockage with simultaneous autophagy inhibition increases the antitumor effect of EPI even in LNCaP-EnzR.
- Double treatment may offer a promising strategy to overcome resistance mechanisms in advanced prostate cancer.

